



INTERNATIONAL CENTRE  
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MATHEMATICS

The Improving Mathematics Education in Schools (TIMES) Project

## PARALLELOGRAMS AND RECTANGLES

A guide for teachers - Years 8–9

MEASUREMENT AND  
GEOMETRY • Module 20

June 2011

YEARS  
8  
&  
9

## Parallelograms and rectangles

### (Measurement and Geometry: Module 20)

For teachers of Primary and Secondary Mathematics

510

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# PARALLELOGRAMS AND RECTANGLES

A guide for teachers - Years 8–9

MEASUREMENT AND  
GEOMETRY • Module 20

June 2011

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YEARS  
8  
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# PARALLELOGRAMS AND RECTANGLES

## ASSUMED KNOWLEDGE

- Introductory plane geometry involving points and lines, parallel lines and transversals, angle sums of triangles and quadrilaterals, and general angle-chasing.
- The four standard congruence tests and their application in problems and proofs.
- Properties of isosceles and equilateral triangles and tests for them.
- Experience with a logical argument in geometry being written as a sequence of steps, each justified by a reason.
- Ruler-and-compasses constructions.
- Informal experience with special quadrilaterals.

## MOTIVATION

There are only three important categories of special triangles – isosceles triangles, equilateral triangles and right-angled triangles. In contrast, there are many categories of special quadrilaterals. This module will deal with two of them – parallelograms and rectangles – leaving rhombuses, kites, squares, trapezia and cyclic quadrilaterals to the module, *Rhombuses, Kites, and Trapezia*.

Apart from cyclic quadrilaterals, these special quadrilaterals and their properties have been introduced informally over several years, but without congruence, a rigorous discussion of them was not possible. Each congruence proof uses the diagonals to divide the quadrilateral into triangles, after which we can apply the methods of congruent triangles developed in the module, *Congruence*.

The present treatment has four purposes:

- The parallelogram and rectangle are carefully defined.
- Their significant properties are proven, mostly using congruence.
- Tests for them are established that can be used to check that a given quadrilateral is a parallelogram or rectangle – again, congruence is mostly required.
- Some ruler-and-compasses constructions of them are developed as simple applications of the definitions and tests.

The material in this module is suitable for Year 8 as further applications of congruence and constructions. Because of its systematic development, it provides an excellent introduction to proof, converse statements, and sequences of theorems. Considerable guidance in such ideas is normally required in Year 8, which is consolidated by further discussion in later years.

The complementary ideas of a 'property' of a figure, and a 'test' for a figure, become particularly important in this module. Indeed, clarity about these ideas is one of the many reasons for teaching this material at school. Most of the tests that we meet are **converses** of properties that have already been proven. For example, the fact that the base angles of an isosceles triangle are equal is a property of isosceles triangles. This property can be reformulated as an 'If ..., then ...' statement:

- *If two sides of a triangle are equal, then the angles opposite those sides are equal.*

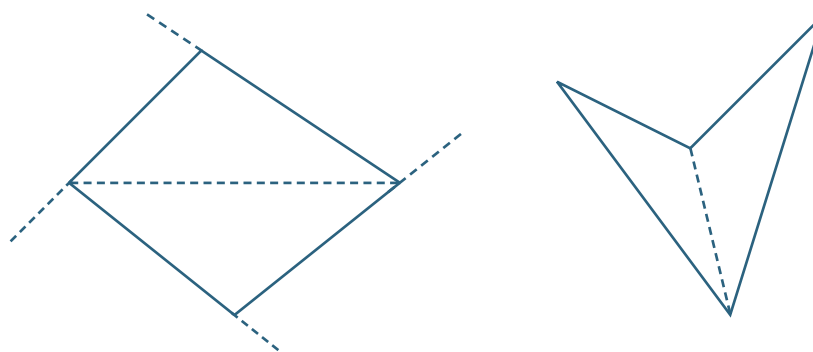
Now the corresponding test for a triangle to be isosceles is clearly the converse statement:

- *If two angles of a triangle are equal, then the sides opposite those angles are equal.*

Remember that a statement may be true, but its converse false. It is true that 'If a number is a multiple of 4, then it is even', but it is false that 'If a number is even, then it is a multiple of 4'.

## CONTENT

### QUADRILATERALS



In other modules, we defined a **quadrilateral** to be a closed plane figure bounded by four intervals, and a **convex quadrilateral** to be a quadrilateral in which each interior angle is less than  $180^\circ$ . We proved two important theorems about the angles of a quadrilateral:

- The sum of the interior angles of a quadrilateral is  $360^\circ$ .
- The sum of the exterior angles of a convex quadrilateral is  $360^\circ$ .

To prove the first result, we constructed in each case a diagonal that lies completely inside the quadrilateral. This divided the quadrilateral into two triangles, each of whose angle sum is  $180^\circ$ .

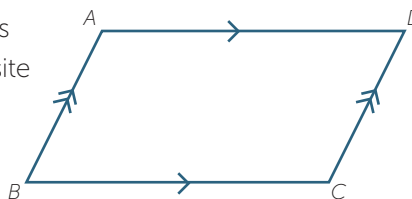
To prove the second result, we produced one side at each vertex of the convex quadrilateral. The sum of the four straight angles is  $720^\circ$  and the sum of the four interior angles is  $360^\circ$ , so the sum of the four exterior angles is  $360^\circ$ .

## PARALLELOGRAMS

We begin with parallelograms, because we will be using the results about parallelograms when discussing the other figures.

### Definition of a parallelogram

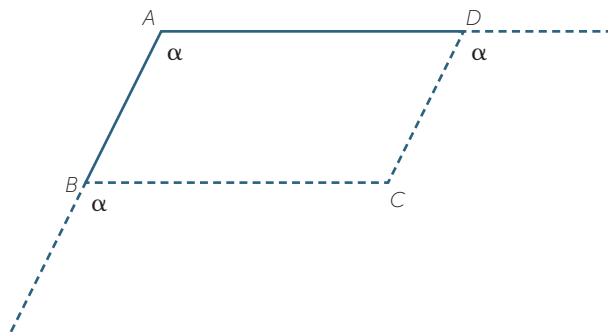
A **parallelogram** is a quadrilateral whose opposite sides are parallel. Thus the quadrilateral  $ABCD$  shown opposite is a parallelogram because  $AB \parallel DC$  and  $DA \parallel CB$ .



The word 'parallelogram' comes from Greek words meaning 'parallel lines'.

### Constructing a parallelogram using the definition

To construct a parallelogram using the definition, we can use the copy-an-angle construction to form parallel lines. For example, suppose that we are given the intervals  $AB$  and  $AD$  in the diagram below. We extend  $AD$  and  $AB$  and copy the angle at  $A$  to corresponding angles at  $B$  and  $D$  to determine  $C$  and complete the parallelogram  $ABCD$ . (See the module, *Construction*.)



This is not the easiest way to construct a parallelogram.

**First property of a parallelogram – The opposite angles are equal**

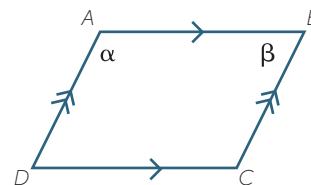
The three properties of a parallelogram developed below concern first, the interior angles, secondly, the sides, and thirdly the diagonals. The first property is most easily proven using angle-chasing, but it can also be proven using congruence.

**Theorem**

The opposite angles of a parallelogram are equal.

**Proof**

Let  $ABCD$  be a parallelogram, with  $\angle A = \alpha$  and  $\angle B = \beta$ .



To prove that  $\angle C = \alpha$  and  $\angle D = \beta$ .

$$\alpha + \beta = 180^\circ \quad (\text{co-interior angles, } AD \parallel BC),$$

so  $\angle C = \alpha$  (co-interior angles,  $AB \parallel DC$ )

and  $\angle D = \beta$  (co-interior angles,  $AB \parallel DC$ ).

**Second property of a parallelogram – The opposite sides are equal**

As an example, this proof has been set out in full, with the congruence test fully developed. Most of the remaining proofs however, are presented as exercises, with an abbreviated version given as an answer.

**Theorem**

The opposite sides of a parallelogram are equal.

**Proof**

$ABCD$  is a parallelogram.

To prove that  $AB = CD$  and  $AD = BC$ .

Join the diagonal  $AC$ .

In the triangles  $ABC$  and  $CDA$ :

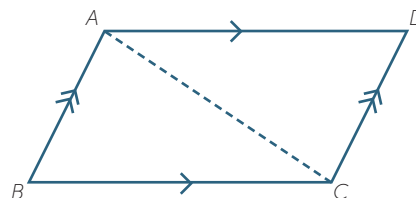
$$\angle BAC = \angle DCA \quad (\text{alternate angles, } AB \parallel DC)$$

$$\angle BCA = \angle DAC \quad (\text{alternate angles, } AD \parallel BC)$$

$$AC = CA \quad (\text{common})$$

so  $\triangle ABC \equiv \triangle CDA$  (AAS)

Hence  $AB = CD$  and  $BC = AD$  (matching sides of congruent triangles).



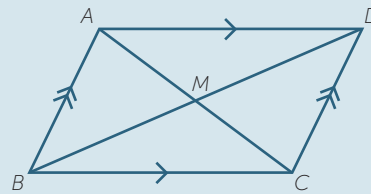
### Third property of a parallelogram – The diagonals bisect each other

#### Theorem

The diagonals of a parallelogram bisect each other.

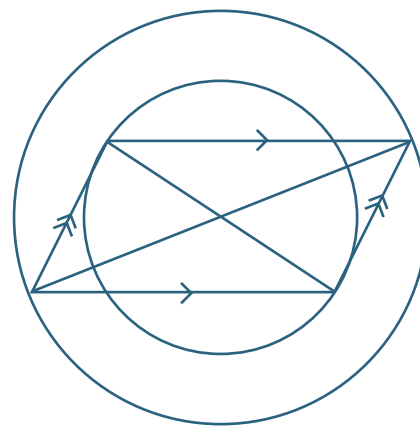
#### EXERCISE 1

- a Prove that  $\triangle ABM \equiv \triangle CDM$ .
- b Hence prove that the diagonals bisect each other.



As a consequence of this property, the intersection of the diagonals is the centre of two concentric circles, one through each pair of opposite vertices.

Notice that, in general, a parallelogram does not have a circumcircle through all four vertices.



### First test for a parallelogram – The opposite angles are equal

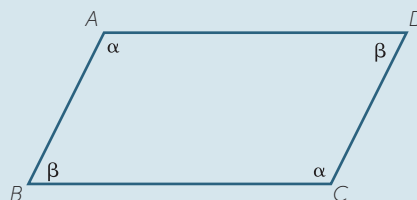
Besides the definition itself, there are four useful tests for a parallelogram. Our first test is the converse of our first property, that the opposite angles of a quadrilateral are equal.

#### Theorem

If the opposite angles of a quadrilateral are equal, then the quadrilateral is a parallelogram.

#### EXERCISE 2

Prove this result using the figure below.





**Second test for a parallelogram – Opposite sides are equal**

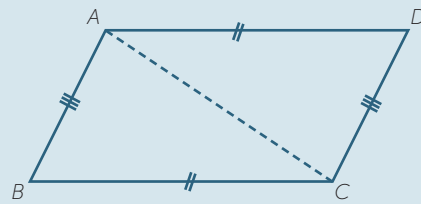
This test is the converse of the property that the opposite sides of a parallelogram are equal.

**Theorem**

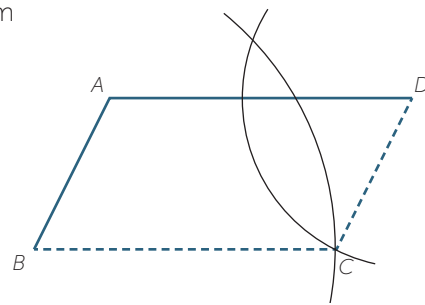
If the opposite sides of a (convex) quadrilateral are equal, then the quadrilateral is a parallelogram.

**EXERCISE 3**

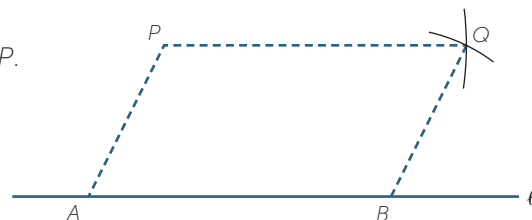
Prove this result using congruence in the figure to the right, where the diagonal  $AC$  has been joined.



This test gives a simple construction of a parallelogram given two adjacent sides –  $AB$  and  $AD$  in the figure to the right. Draw a circle with centre  $B$  and radius  $AD$ , and another circle with centre  $D$  and radius  $AB$ . The circles intersect at two points – let  $C$  be the point of intersection within the non-reflex angle  $\angle BAD$ . Then  $ABCD$  is a parallelogram because its opposite sides are equal.



It also gives a method of drawing the line parallel to a given line through a given point  $P$ . Choose any two points  $A$  and  $B$  on  $\ell$ , and complete the parallelogram  $PABQ$ .



Then  $PQ \parallel \ell$

**Third test for a parallelogram – One pair of opposite sides are equal and parallel**

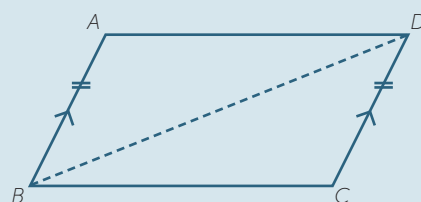
This test turns out to be very useful, because it uses only one pair of opposite sides.

**Theorem**

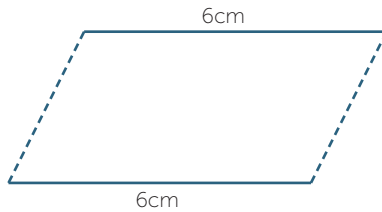
If one pair of opposite sides of a quadrilateral are equal and parallel, then the quadrilateral is a parallelogram.

**EXERCISE 4**

Complete the proof using the figure on the right.



This test for a parallelogram gives a quick and easy way to construct a parallelogram using a two-sided ruler. Draw a 6 cm interval on each side of the ruler. Joining up the endpoints gives a parallelogram.



The test is particularly important in the later theory of vectors. Suppose that  $\vec{AB}$  and  $\vec{PQ}$  are two directed intervals that are parallel and have the same length – that is, they represent the same vector. Then the figure  $ABQP$  to the right is a parallelogram.



Even a simple vector property like the commutativity of the addition of vectors depends on this construction. The parallelogram  $ABQP$  shows, for example, that

$$\vec{AB} + \vec{BQ} = \vec{AQ} = \vec{AP} + \vec{PQ}$$

**Fourth test for a parallelogram – The diagonals bisect each other**

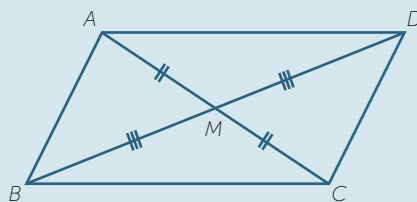
This test is the converse of the property that the diagonals of a parallelogram bisect each other.

**Theorem**

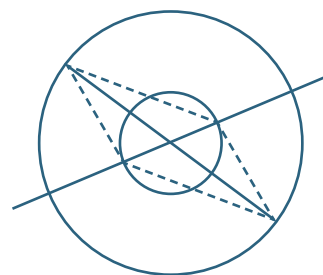
If the diagonals of a quadrilateral bisect each other, then the quadrilateral is a parallelogram:

**EXERCISE 5**

Complete the proof using the diagram below.



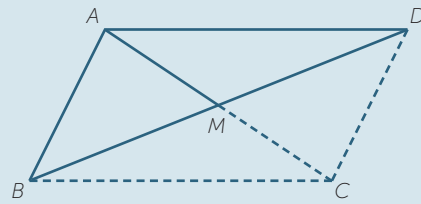
This test gives a very simple construction of a parallelogram. Draw two intersecting lines, then draw two circles with different radii centred on their intersection. Join the points where alternate circles cut the lines. This is a parallelogram because the diagonals bisect each other.



It also allows yet another method of completing an angle  $\angle BAD$  to a parallelogram, as shown in the following exercise.

## EXERCISE 6

Given two intervals  $AB$  and  $AD$  meeting at a common vertex  $A$ , construct the midpoint  $M$  of  $BD$ . Complete this to a construction of the parallelogram  $ABCD$ , justifying your answer.



## PARALLELOGRAMS

### Definition of a parallelogram

A parallelogram is a quadrilateral whose opposite sides are parallel.

### Properties of a parallelogram

- The opposite angles of a parallelogram are equal.
- The opposite sides of a parallelogram are equal.
- The diagonals of a parallelogram bisect each other.

### Tests for a parallelogram

A quadrilateral is a parallelogram if:

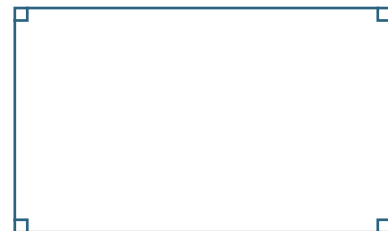
- its opposite angles are equal, or
- its opposite sides are equal, or
- one pair of opposite sides are equal and parallel, or
- its diagonals bisect each other.

## RECTANGLES

The word 'rectangle' means 'right angle', and this is reflected in its definition.

### Definition of a Rectangle

A **rectangle** is a quadrilateral in which all angles are right angles.



### First Property of a rectangle – A rectangle is a parallelogram

Each pair of co-interior angles are supplementary, because two right angles add to a straight angle, so the opposite sides of a rectangle are parallel. This means that a rectangle is a parallelogram, so:

- Its opposite sides are equal and parallel.
- Its diagonals bisect each other.

### Second property of a rectangle – The diagonals are equal

The diagonals of a rectangle have another important property – they are equal in length. The proof has been set out in full as an example, because the overlapping congruent triangles can be confusing.

#### Theorem

The diagonals of a rectangle are equal.

#### Proof

Let  $ABCD$  be a rectangle.

We prove that  $AC = BD$ .

In the triangles  $ABC$  and  $DCB$ :

$$BC = CB \quad (\text{common})$$

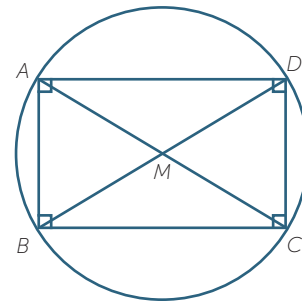
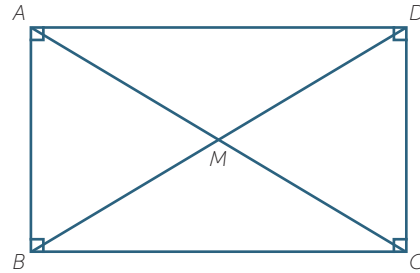
$$AB = DC \quad (\text{opposite sides of a parallelogram})$$

$$\angle ABC = \angle DCB = 90^\circ \quad (\text{given})$$

$$\text{so } \triangle ABC \equiv \triangle DCB \quad (\text{SAS})$$

Hence  $AC = DB$  (matching sides of congruent triangles).

This means that  $AM = BM = CM = DM$ , where  $M$  is the intersection of the diagonals. Thus we can draw a single circle with centre  $M$  through all four vertices. We can describe this situation by saying that, 'The vertices of a rectangle are concyclic'.



## EXERCISE 7

Give an alternative proof of this result using Pythagoras' theorem.

### First test for a rectangle – A parallelogram with one right angle

If a parallelogram is known to have one right angle, then repeated use of co-interior angles proves that all its angles are right angles.

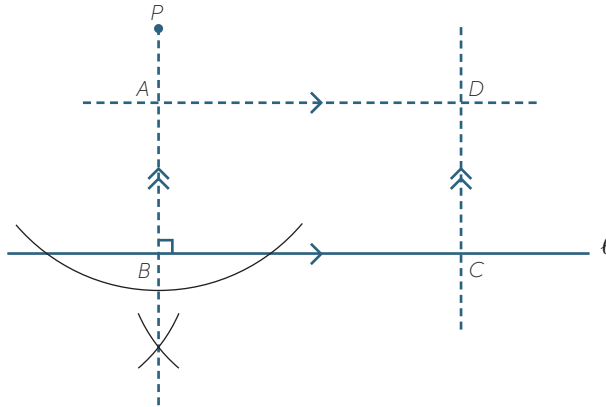
#### Theorem

If one angle of a parallelogram is a right angle, then it is a rectangle.

Because of this theorem, the definition of a rectangle is sometimes taken to be 'a parallelogram with a right angle'.

### Construction of a rectangle

We can construct a rectangle with given side lengths by constructing a parallelogram with a right angle on one corner. First drop a perpendicular from a point  $P$  to a line  $\ell$ . Mark  $B$  and then mark off  $BC$  and  $BA$  and complete the parallelogram as shown below.



### Second test for a rectangle – A quadrilateral with equal diagonals that bisect each other

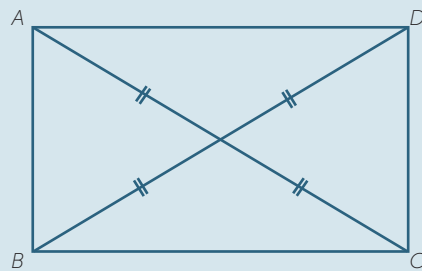
We have shown above that the diagonals of a rectangle are equal and bisect each other. Conversely, these two properties taken together constitute a test for a quadrilateral to be a rectangle.

#### Theorem

A quadrilateral whose diagonals are equal and bisect each other is a rectangle.

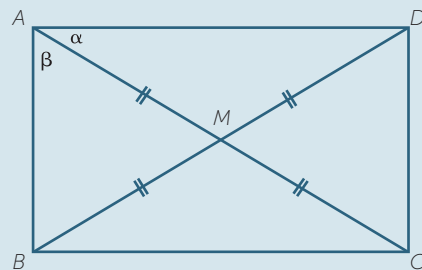
### EXERCISE 8

- a Why is the quadrilateral a parallelogram?
- b Use congruence to prove that the figure is a rectangle.



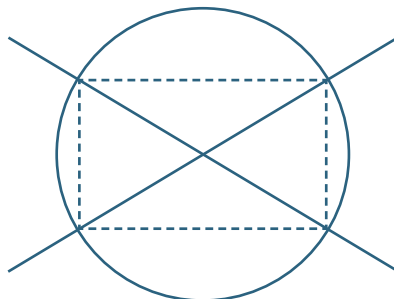
### EXERCISE 9

Give an alternative proof of the theorem using angle-chasing.



As a consequence of this result, the endpoints of any two diameters of a circle form a rectangle, because this quadrilateral has equal diagonals that bisect each other.

Thus we can construct a rectangle very simply by drawing any two intersecting lines, then drawing any circle centred at the point of intersection. The quadrilateral formed by joining the four points where the circle cuts the lines is a rectangle because it has equal diagonals that bisect each other.



## RECTANGLES

### Definition of a rectangle

A **rectangle** is a quadrilateral in which all angles are right angles.

### Properties of a rectangle

- A rectangle is a parallelogram, so its opposite sides are equal.
- The diagonals of a rectangle are equal and bisect each other.

### Tests for a rectangle

- A parallelogram with one right angle is a rectangle.
- A quadrilateral whose diagonals are equal and bisect each other is a rectangle.

## LINKS FORWARD

The remaining special quadrilaterals to be treated by the congruence and angle-chasing methods of this module are rhombuses, kites, squares and trapezia. The sequence of theorems involved in treating all these special quadrilaterals at once becomes quite complicated, so their discussion will be left until the module *Rhombuses, Kites, and Trapezia*. Each individual proof, however, is well within Year 8 ability, provided that students have the right experiences. In particular, it would be useful to prove in Year 8 that the diagonals of rhombuses and kites meet at right angles – this result is needed in area formulas, it is useful in applications of Pythagoras' theorem, and it provides a more systematic explanation of several important constructions.

The next step in the development of geometry is a rigorous treatment of similarity. This will allow various results about ratios of lengths to be established, and also make possible the definition of the trigonometric ratios. Similarity is required for the geometry of circles, where another class of special quadrilaterals arises, namely the cyclic quadrilaterals, whose vertices lie on a circle.

Special quadrilaterals and their properties are needed to establish the standard formulas for areas and volumes of figures. Later, these results will be important in developing integration. Theorems about special quadrilaterals will be widely used in coordinate geometry.

Rectangles are so ubiquitous that they go unnoticed in most applications. One special role worth noting is they are the basis of the coordinates of points in the cartesian plane – to find the coordinates of a point in the plane, we complete the rectangle formed by the point and the two axes. Parallelograms arise when we add vectors by completing the parallelogram – this is the reason why they become so important when complex numbers are represented on the Argand diagram.

## HISTORY AND APPLICATIONS

Rectangles have been useful for as long as there have been buildings, because vertical pillars and horizontal crossbeams are the most obvious way to construct a building of any size, giving a structure in the shape of a rectangular prism, all of whose faces are rectangles. The diagonals that we constantly use to study rectangles have an analogy in building – a rectangular frame with a diagonal has far more rigidity than a simple rectangular frame, and diagonal struts have always been used by builders to give their building more strength.

Parallelograms are not as common in the physical world (except as shadows of rectangular objects). Their major role historically has been in the representation of physical concepts by vectors. For example, when two forces are combined, a parallelogram can be drawn to help compute the size and direction of the combined force. When there are three forces, we complete the parallelepiped, which is the three-dimensional analogue of the parallelogram.

## REFERENCES

A History of Mathematics: An Introduction, 3rd Edition, Victor J. Katz, Addison-Wesley, (2008)

History of Mathematics, D. E. Smith, Dover Publications, New York, (1958)

## ANSWERS TO EXERCISES

### EXERCISE 1

**a** In the triangles  $ABM$  and  $CDM$  :

1.  $\angle BAM = \angle DCM$  (alternate angles,  $AB \parallel DC$ )
  2.  $\angle ABM = \angle CDM$  (alternate angles,  $AB \parallel DC$ )
  3.  $AB = CD$  (opposite sides of parallelogram  $ABCD$ )
- $$\triangle ABM = \triangle CDM \quad (\text{AAS})$$

**b** Hence  $AM = CM$  and  $DM = BM$  (matching sides of congruent triangles)

### EXERCISE 2

From the diagram,  $2\alpha + 2\beta = 360^\circ$  (angle sum of quadrilateral  $ABCD$ )

$$\alpha + \beta = 180^\circ$$

Hence  $AB \parallel DC$  (co-interior angles are supplementary)

and  $AD \parallel BC$  (co-interior angles are supplementary).

### EXERCISE 3

First show that  $\triangle ABC \equiv \triangle CDA$  using the SSS congruence test.

Hence  $\angle ACB = \angle CAD$  and  $\angle CAB = \angle ACD$  (matching angles of congruent triangles)

so  $AD \parallel BC$  and  $AB \parallel DC$  (alternate angles are equal.)

### EXERCISE 4

First prove that  $\triangle ABD \equiv \triangle CDB$  using the SAS congruence test.

Hence  $\angle ADB = \angle CBD$  (matching angles of congruent triangles)

so  $AD \parallel BC$  (alternate angles are equal.)

### EXERCISE 5

First prove that  $\triangle ABM \equiv \triangle CDM$  using the SAS congruence test.

Hence  $AB = CD$  (matching sides of congruent triangles)

Also  $\angle ABM = \angle CDM$  (matching angles of congruent triangles)

so  $AB \parallel DC$  (alternate angles are equal):

Hence  $ABCD$  is a parallelogram, because one pair of opposite sides are equal and parallel.



## EXERCISE 6

Join  $AM$ . With centre  $M$ , draw an arc with radius  $AM$  that meets  $AM$  produced at  $C$ . Then  $ABCD$  is a parallelogram because its diagonals bisect each other.

## EXERCISE 7

The square on each diagonal is the sum of the squares on any two adjacent sides. Since opposite sides are equal in length, the squares on both diagonals are the same.

## EXERCISE 8

**a** We have already proven that a quadrilateral whose diagonals bisect each other is a parallelogram.

**b** Because  $ABCD$  is a parallelogram, its opposite sides are equal.

Hence  $\triangle ABC \equiv \triangle DCB$  (SSS)

so  $\angle ABC = \angle DCB$  (matching angles of congruent triangles).

But  $\angle ABC + \angle DCB = 180^\circ$  (co-interior angles,  $AB \parallel DC$ )

so  $\angle ABC = \angle DCB = 90^\circ$ .

Hence  $ABCD$  is rectangle, because it is a parallelogram with one right angle.

## EXERCISE 9

$\angle ADM = \alpha$  (base angles of isosceles  $\triangle ADM$ )

and  $\angle ABM = \beta$  (base angles of isosceles  $\triangle ABM$ ),

so  $2\alpha + 2\beta = 180^\circ$  (angle sum of  $\triangle ABD$ )

$\alpha + \beta = 90^\circ$ .

Hence  $\angle A$  is a right angle, and similarly,  $\angle B$ ,  $\angle C$  and  $\angle D$  are right angles.



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- Measurement and Geometry
- Statistics and Probability

The modules are written for teachers. Each module contains a discussion of a component of the mathematics curriculum up to the end of Year 10.

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